CARTESSEE ACAORADA

THE CHALKBUCKET

WINTER TERM 3, 2023

NEWS:

Mark your calendars: TAG will be closed for the Holidays from Dec. 21- Jan.3

TAG TEAM COMPETITION BEGINS:

TAG's Boys' and Girls' teams are starting their competitive season! You will see them working hard in the gym to polish their routines before competing!

TEAM FACTS

TAG has the area's only competitive boys' gymnastics team! TAG has been the home of six Region VIII champions, Chattanooga's most USAG National Championship qualifiers, and the only Chattanooga Club to qualify both male and female athletes to the Junior Olympic National Championships.



Volume 3, December 2023





TEAM FUNDRAISER:

TAG's athletes are selling coupon books for Papa John's Pizza to help raise funds for the competitive season.

One coupon book costs \$10 and has many great deals for pizza. Consider supporting Tag's team by purchasing one of the coupon books from a team member!

COACH HIGHLIGHT

Head Girl's Coach ANNE MALINOWSKY

Anne Malinowsky is the Head Coach of TAG's girls' gymnastics team. She grew up in Rock Island, IL, taking ballet classes from ages 5-10, but she loved climbing trees, swinging on swing sets, and dangling off the monkey bars, so her family thought she might like gymnastics better.

"My dad thought gymnastics would be a good fit!" Anne said. "I remember walking into my first level 5 meet and deciding that I wanted to win (I didn't)." Anne threw herself into gymnastics from the beginning and reached Level 7 by 8th grade.

"I was older when I started and realized level 10 was not going to happen in my timeline, but I took my acrobatics to pole vaulting in high school!" Though she quit competitively, she began teaching gymnastics during high school, continued through college, and picked teaching back up after moving to Chattanooga for graduate school. She found our city and TAG by chance, throwing a dart at a map of the U.S., and it happened to land in Chattanooga.

Anne said she enjoys being at TAG, where she feels listened to and appreciated while getting the chance to teach a great team of hard-working athletes. She maintains that the impact of gymnastics on the children she and others at TAG teach can't be understated.

"Risky play and learning to fail is the most important thing young people can learn," Anne said. "You cannot always control your circumstances, but you can manage your actions and reactions. That kind of self-discipline goes hand in hand with this! It's about grit and a willingness to put work in on a bad day, but mostly grit."

TERM 3:

Winter Term 3 runs from Nov. 27-Feb. 3.

We hope everyone has a wonderful Christmas and New Year! See you in 2024!

TAG'S MAKEUP POLICY

Make-up classes must be scheduled ahead of time through the TAG office! Each athlete can make up two classes per term, but the makeups can only be used during the same term in which those classes were missed.

SOCIAL MEDIA:

Rebeca Heid began social media work for TAG last year and is still learning and growing in her position. You may often see her in the gym, taking photos for Facebook, the website, and our newsletter.



TAG'S CLASSES:

Zoolympics: Boys and girls ages 18 months to 5 years old. <u>GymED:</u> Boys and girls kindergarten and older. <u>Tumbling:</u> Boys and girls ages seven years old and older.



