

## **FALL/WINTER SCHEDULE**

- Thanksgiving: TAG is closed Thanksgiving Day (Nov. 27), classes will resume on schedule Friday, Nov. 28.
- Christmas and New Year's: TAG will be closed for the winter break from Dec. 21-Jan. 4. Classes will resume Jan. 5.

Winter Break is not included in the normal 8-week session, so there will be no need to make up classes. The session will resume on Jan. 5.



This fall, the TAG Booster Club will host two open gyms for fundraising.

> Dates: Nov. 1 and Dec. 6

> > Time: 5-8 p.m.

Let your kids enjoy a few hours of gymnastics while parents take a break!

These funds will help the TAg Team athletes raise funds for competition fees and gear.



LEAH BRUMLEY (LEFT) AND HER DAUGHTER, ALEX.



Tennessee Academy of Gymnastics is delighted to welcome Coach Leah Brumley back to our coaching staff! Leah's history with TAG runs deep — she grew up right here in Chattanooga and has been part of the TAG family for most of her life.

Leah's gymnastics journey began the way many great ones do — with her parents signing her up after she couldn't stop flipping and jumping on the bed. Gymnastics soon became more than a hobby; it was a lifelong passion. Her brother, her daughter, and even her daughter's father have all been involved in the sport, making gymnastics a truly family tradition.

One of Leah's earliest memories in the sport was unexpectedly qualifying for the State Meet her very first year competing and traveling to Alabama to represent TAG. That experience lit a spark that carried her through a successful competitive career. Leah went on to become a Level 10 State Champion and made the Tennessee Regional Team as a Level 9. Her favorite event was beam, where she loved performing her signature handspring layout.

Leah believes gymnastics teaches lessons that last long after competition ends — discipline, time management, teamwork, perseverance, and confidence. "All gymnasts are great," she says. "It's a tough but rewarding sport, and I respect everyone who does it."

Throughout her competitive years, Leah was coached by Larry and Lee Ann Denham, who she says have been not only her coaches but lifelong mentors and friends. Leah retired as a Level 10 gymnast in ninth grade, but her love of the sport never faded.

She began coaching at TAG while still in high school, working with preschoolers and recreational gymnasts. After college, Leah coached at American Elite before returning home to TAG — where she now continues to share her experience and love for gymnastics with the next generation of athletes.

"TAG isn't just about gymnastics," Leah says. "TAG is a family. Once you're part of the TAG family, you're always part of the TAG family. So many generations come through these doors, and it's amazing to coach the children of my former teammates."

Now, the TAG Team gymnasts can enjoy the fact that Coach Leah is back home— where her journey began, and where she now helps young gymnasts start their own.

